

## Taking a stake in communities and the environment

Your participation in this CSA helps us to fulfill our mission to provide healthy organic food to local families while maintaining reasonable prices.

By participating you will receive approximately 200 pounds of organic vegetables from early June through the end of October. The weekly pickup in June will start with greens and other crops will be added as they are ready to harvest. Flowers are usually ready the middle of July and last until the first heavy frost (6-8 weeks).

### Benefits

- Enjoy fresh, locally grown, organic vegetables and flowers without all the work!
- Save money.
- Your participation in this program helps support Green Earth Farm's food donations to help local low-income families.
- Participate in an ecologically-conscious agricultural program.

### From our family to yours

*We want to thank you for being a part of something special.*

*The idea behind our farm is to offer an innovative and community-based solution to the most critical environmental, social and economic challenges we must face. We hope that our attention to detail and our love of farming shows through in the food we share. Vegetables are at their most nutritious when freshest, and your share will always be harvested the day of pickup or delivery. Feel free to call or stop by the farm and get close to your food again!*

**-Scott & Kathy**



### Who's your farmer?

You know who your doctor is, and your dentist, your pharmacist, and your car mechanic. But what could be more important than knowing who grows the food you feed your family? And by knowing your farmer, you know how and where your food is grown, and how fresh it is when you receive it. Welcome to Green Earth Farm. Wouldn't it be nice to know how and where your food is grown?

At Green Earth Farm we only grow non-treated, non-hybrid and non-GMO seeds. We handpicked 100 varieties of vegetables, fruits, and herbs that are all heirloom, natural, and of the best quality. This way we have created a total medley that is well balanced, wholesome, nutritious and delicious.

We use traditional farming methods and never spray our fields. As a matter of fact, in the 40 years our land has been farmed, it has never been sprayed with poisons or chemicals. In the process of becoming a Certified Naturally Grown farm, we have made a commitment to organic farming and land sustainability. And you will see and taste the difference in your fresh picked produce!



*Pure water flowing from artesian springs on our farm*



*Our house and farm between beautiful oak trees that surround the property*

### **Green Earth Farm**

**Scott & Kathy Mor**

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Visit us at: [www.greenearthfarm.org](http://www.greenearthfarm.org)

## What is a CSA?

Community Supported Agriculture is a community of individuals who pledge support to a farm operation so that the farmland becomes virtually the community's farm. The farmers and the consumers provide mutual support by sharing the risks and benefits of food production.

Members or "shareholders" of the farm pledge in advance to cover the anticipated costs of the farm operation. In return, they receive shares in the farm's bounty throughout the growing season, as well as satisfaction gained from reconnecting to the land and being environmentally sensitive.

Purchasing directly from the farm cuts out the middleman, giving the farmer a fairer price for his crops. Eliminating the middleman means the freshness of the produce won't be compromised by third party marketing.

## What produce will you receive?

Beets	Peppers (Sweet & Hot)	<b>Herbs</b>
Broccoli	Potatoes	Basil
Brussels Sprouts	Pumpkin	Chamomile
Cabbage	Radishes	Chives
Carrots	Salad greens	Cilantro
Cauliflower	Spinach	Dill
Celery	Swiss Chard	Lavender
Cucumbers	Summer Squash	Lemon Balm
Eggplant	Tomatoes	Oregano
Garlic	Turnips	Parsley
Kale	Winter Squash	Peppermint
Leeks	Zucchini	Sage
Lettuces		Spearmint
Melons		Thyme
Onions		
Parsnips		
Peas		



## So how does this work?

The growing season is approximately 20 weeks (from June to late October). Our members will pay one set price for the entire 20 weeks of bounty. Each week you will come to the farm and receive a box of whatever has been harvested that week. One box should feed a family of four. If you need more than that, you can buy a share and a half.

Those who need less can go in with a friend and share or purchase a half share. If you don't live close to Green Earth Farm, get your friends and neighbors to join also, and you can take turns making the trip to Richmond (Call us or visit us online to find out about other drop off spots).

In case you aren't able to pick up your share any particular week, you can give it to a friend or a neighbor, or we will donate it to a local food pantry. **Check our website for vegetable forecasts, recipes and drop off point locations, times and dates.**

## What are Heirloom Seeds and why do we use them?

All of Green Earth Farm's 100 varieties of seeds come from Baker Creek Heirloom Seed Company. They offer only non-hybrid, non-treated, non-patented and non-GMO seeds! Heirloom seeds are original seed varieties handed down through generations. They have become rarer as industrial farming introduces more and more genetically modified seeds. Baker Creek is one of the few seed companies committed to preserving and passing on these original, non-altered seeds.

## What does this cost?

Cost of a Share is **\$450**

Cost of a Half Share is **\$275**

Cost of One and a Half Shares is **\$675**

## Also available to purchase separately:

Fresh free range eggs **\$4.00/doz.**

*(no hormones or antibiotics—ever!)*

Free range naturally grown chicken **\$3.45/lb.**

Free range naturally grown duck **\$6.00/lb.**

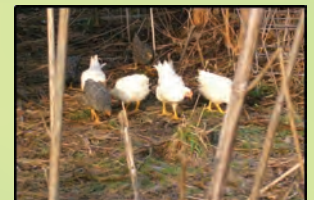
Free range naturally grown turkey **\$3.85/lb.**

*(available only in November & December)*

Fresh organic heirloom flowers **market price**



*Our goal is to provide healthy, delicious, naturally grown produce*



*Our heritage chickens and ducks roam free around the farm all day, naturally foraging the land.*